



Ute Lang, I am a registered Dance/Movement Therapist and Trainer by the „Berufsverband der Tanztherapeutinnen Deutschlands (BTD) and the European Association for Psychotherapy (ECP). A registered Heilpraktiker for Psychotherapy, a Certified Movement Analyst and a Moving Cycle practitioner and trainer. I live in Denmark and have a private practice at Polaris Centret in Kirke Hyllinge. I am on the faculty of The Institut für Bewegungs- und Lernentwicklung, Bettina Rollwagen in Hamburg and I run Intervision and study groups for movement oriented therapists who want to integrate the Laban/Bartenieff Movement Studies under a developmentally oriented perspective and train in the Moving Cycle.

I have had the opportunity to apprentice for becoming a Dance/Movement therapist with Kedzie Penfield for 12 years, while I was studying psychology and social pedagogics at the Technical University in Berlin. I trained in Authentic Movement with Joan Chodorow and Janet Adler, in Body Mind Centering with Linda Hartley, in the Kestenberg Movement Profile with Susan Loman.

In 25 years I have trained clinical Dance/movement therapists in embodying and applying LBBS in the field of pedagogic and therapy. I have been working in a psychiatric hospital for 6 years and had my own practice in Berlin, working together with ambulant psychiatrists over 18 years.

I came to the Moving Cycle training in Hamburg phase 1 - 6 from 2005 - 2008 and continued the advanced group on Primary Movements in 2009, Methods of Supervision in 2010, Foundational Somatic Imprints and Advanced clinical Practice in 2011, Advanced clinical Practice on work with Bodynarrative and the Contemplative Body in 2012 . Since summer 2011 I am organizing and assisting in the training in the Moving Cycle with Christine Caldwell here in Denmark. In 2013 I became registered as a trainer and began teaching the Introductory course in the Moving Cycle and continue to work together with Christine Caldwell in Europe.

Coming from teaching Laban/Bartenieff Movement Analysis within the context of a developmental perspective in pedagogic and therapy, my work unfolded on the structured and patterned side of the movement continuum. Even though the LBBS springs from a holistic approach, using natural principles of movement to develop efficiency, congruence and integrity, am I excited to explore the creative, non linear side of the continuum, appreciating the authoritative knowledge of the body as well as scientific understanding of interventions and processes.

I am interested in finding a way to use both systems in my work with groups and individuals, finding their commonality and their specificity. Moving Cycle gives me a deeper understanding of how somatic processes drive psychological and relational behaviors and how to open for change in the process of the bodies movement, whereas the LBBS system helps me to see from a phenomenological perspective how function and expression support each other and how spatial clarity organizes function and expression. Both systems chair a non interpretative descriptive way of working towards natural process oriented integrity of an individual. The LBBS system helps me to work in this way with groups, whereas the Moving Cycle helps me to look for Micro movements and energetic coherency in the individual.

More Information under www.CREAUM.dk



Ute Lang ist anerkannte Tanz/Bewegungstherapeutin mit Ausbildungsberechtigung beim Berufsverband der Tanztherapeutinnen Deutschlands (BTD) und dem Europäischen Verband für Psychotherapie (ECP). Sie hat die Zulassung Heilpraktiker für Psychotherapie, ein Zertifikat in den Laban/Bartenieff Bewegungsstudien und ist Moving Cycle Practitioner und Trainer. Sie lebt in Dänemark und unterhält eine private Praxis. Sie organisiert und assistiert in dem Trainingsprogramm „The Moving Cycle“ mit Christine Caldwell hier in Dänemark.
www.tanztherapiewerkstatt.de