

Subject: Claim Free Ticket: 30+ Experts, Embodiment@Work Summit

Preview Text: 5-days, Starts April 1st at 7:00 am EST USA

Dear Friends,

Do you want to learn how to embody leadership excellence and create a thriving workplace?

For the first time, the world's top experts in leadership embodiment, somatic coaching, performance psychology, mindful movement, yoga, and mind-body training have come together to explore **EMBODIMENT@WORK**. Join me and our friends at Mindful Leader, as we redefine the boundaries of human potential by combining ancient wisdom from contemplative traditions with cutting edge science.



Affiliate Link:

<https://smpl.ro/al/TGsu3TGgRqoiuy6uCYeprKgC/14512-Christine-Caldwell>

Join us and learn how to:

- ✓ Increase **energy** and change mental states through **breath and movement**
- ✓ Build **camaraderie** and promote **physical and mental wellness**
- ✓ Uncover **subtle blind spots** and **catch emotional outbursts** before they happen
- ✓ **Tune in to** the powerful **intuition of body intelligence**
- ✓ **Enhance meditation** practices with **body-based techniques**

Free streaming of the Summit starts Monday, April 1st at 7:00 am EST USA, [click here to claim your free ticket.](#)

Warmly,
Christine