

Christine Caldwell

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Curriculum Vitae

EDUCATION

- 1993 Ph.D. Somatic Psychology, Union Graduate School,
Cincinnati, OH.
- 1976 M.A. Dance, concentration in Dance/Movement Therapy,
UCLA, Los Angeles, CA.
- 1974 B.A. Anthropology, minor in Psychology, UCLA, LA, CA.
- 1970-74 Dean's Honors List, 9 quarters
- 1970 Honors at entrance to UCLA

DISSERTATION/THESIS

- Ph.D. Title: Getting Our Bodies Back: Addictions Recovery in
Body- Centered Psychotherapy. Theoretical paper outlining
a body-centered treatment model for addictions treatment.
Reader: Dr. Gay Hendricks
- M.A. Title: Personality Characteristics and Movement Behavior. A
correlational research study linking personality
characteristics (Comrey Personality Scale) with movement
behavior (Hunt Movement Assessment Protocol). Chair: Dr.
Valerie Hunt, Reader: Dr. Allegra Fuller Snyder.

AWARDS, HONORS, & GRANTS

2017	Awarded Professor Emeritus status, Naropa University
2016	Excellence in Education Award, American Dance Therapy Association
2009	Research grant, Excellence in Teaching and Learning Through Diversity, to study the somatic effects of oppression, Naropa University
1995	Excellence in Education Award, American Dance Therapy Association
1989	Excellence in Teaching Award, Naropa University

PROFESSIONAL EXPERIENCE

Licenses/Credentials

- Registered Somatic Movement Educator, #100079, International Society of Movement Educators and Therapists
- Registered Somatic Movement Therapist, # 107267, International Society of Movement Educators and Therapists
- Approved Clinical Supervisor, ACS, Center for Credentialing and Education
- Licensed Professional Counselor, LPC, State of Colorado, # 253
- Board Certified Dance/Movement Therapist, BC-DMT, American Association of Dance Therapy, #266
- National Certified Counselor, NCC, National Board for Certified Counselors, #74416

Academic Appointments

1982 – 2017	Professor, Graduate School of Counseling and Psychology, Naropa University, Somatic Counseling Department
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1977 – present Adjunct Faculty, University of Maryland, George Washington University, Concordia University, Seoul Women’s University, Santa Barbara Graduate Institute, University of Heidelberg (SRH), Pacifica Institute

Teaching Experience/Expertise

- Counseling Theory and Skills
- Research
- Somatic Psychology & Psychotherapy
- Clinical Neuroscience
- Diversity & Inclusivity
- Developmental Psychology
- Dance/Movement Therapy
- Body Psychotherapy
- Anatomy/Kinesiology
- Contemplative Psychology
- Fieldwork/Internship Seminars

Research Experience

1976 Correlation study on the links between movement behavior and personality characteristics

2010 Ongoing qualitative interview study, with co-researcher Dr. Rae Johnson, studying the somatic effects of oppression

2015 Ongoing quantitative study examining the links between perceived attunement between a therapist and client, and their physiological states (HR, HRV, breath rate & volume) during somatically-informed counseling sessions

Academic & Professional Service

2015 – ongoing	Associate Editor, Journal of Body, Movement, and Dance in Psychotherapy
2013 – 2015	Dean of Graduate Education, Naropa University
2012 – ongoing	Member editorial review board, International Journal for Body Psychotherapy
2012 – ongoing	Member editorial review board, Journal of Body, Movement and Dance in Psychotherapy
2009 – 2015	Member Institutional Review Board, Naropa University
2008 – 2011	Co-chair, Research Committee, United States Association for Body Psychotherapy (USABP)
2005 - 2006	Interim Vice-President for Academic Affairs, Naropa University
2002 – 2009	Chairperson Faculty Affairs Committee, Naropa University
1982 – 2005	Chairperson, Somatic Counseling Department, Naropa University

Keynotes & Addresses

2016	Keynote speech “Embodiment in a Dis-embodied Society,” European Association for Body Psychotherapy, Athens, Greece
2012	Keynote speech “Mindfulness and Bodyfulness: A Research-based synthesis of the role of consciousness and movement in healing and intelligence, 17 th Herbstakademie, The Implications of Embodiment: Enactive, Clinical, and Social. University of Heidelberg, Germany

- 2011 Keynote speech "Somatic Interventions for a Technological Society", Psicologia de Somatico Congresso, Isla Margarita, Venezuela
- 2005 Commencement Address, Santa Barbara Graduate Institute
- 2004 Keynote speech "Cultural Diversity in Non-Verbal Communication", Taiwan Psychology Association, Taipei, Taiwan
- 2004 Keynote speech, "Nurturing Joy: Creative Expressions of Adult Play", Colorado Early Childhood Professional Coalition & Colorado Early Childhood Professional Credential Office, Community College of Denver.
- 2003 Opening address, "The Power of Stillness, the Glory of Movement," American Dance Therapy Association Conference Conference, Denver, CO.
- 2002 Speech, "The Ethical Use of Touch in Creative Arts Therapies," speech sponsored by Concordia University, Montreal.
- 1997 Keynote speech, "Building Bridges Into the 21st Century", Creative Arts Therapy Conference, Denver, CO
- 1994 Keynote Address, "Empowering Where We Are, Visioning Where We Will Be", American Dance Therapy Association Conference. Minneapolis, MN.

Conference Presentations & Performances

- 2017 "Physiological and Emotional Attunement Between Counselor and Client: A Preliminary Study on the Relationship Between Physiological States and Perceived Moments of Connection During Counseling Sessions," World Congress Integrative Medicine and Health, Berlin, Germany, May 3-5.

- 2016 "Breathing, Moving, and Sensing in Body Psychotherapy," Pre-Congress workshop, European Association for Body Psychotherapy Congress, Athens Greece
- 2016 "Power, Culture, and the Body," Body Psychotherapy & Somatic Psychology Today: An International Conference. Berkeley, CA
- 2015 "Micro-movements: Clinical Applications in Dance/Movement Therapy, ADTA Conference, San Diego, CA.
- 2014 "A New Set of Strategies for a Mindful and Embodied Approach to Wellbeing and Happiness," and "Interdisciplinary and International Action Research in the Arts" International Creative University Conference, Thimphu, Bhutan.
- 2014 Performance: *Body Stories*, co-directed with Rae Johnson, in Somatic Arts Concert, Naropa University, Boulder, CO
- 2013 "Oppression Research Performed," presentation at Qualitative Health Research Conference, Halifax, Nova Scotia.
- 2013 "Turning Data into Dance," presentation at American Dance Therapy Conference, Brooklyn, NY.
- 2013 "Performing the Performance of Gender" at TRANSforming Gender Symposium, University of Colorado, Boulder, CO.
- 2013 Performance, "T", in Somatic Arts Concert, with Owen Karcher, Naropa University, Boulder, CO
- 2012 "The World in the Body – Soma, Culture and Intersubjectivity", "Queer Bodies, Straight Society," and "The Science of Body Psychotherapy", European Association for Body Psychotherapy Congress, Cambridge, England.
- 2012 "Somatic Psychology Pedagogy: A Rare Discussion with Christine Caldwell and Don Johnson," and "Gifts of Body Psychotherapy Past

- and Future,” and “Implicit Body Bias: How BP Can Challenge Itself and Society.” USABP Conference, Boulder, CO.
- 2011 “Queer Bodies, Straight Society: DMT’s Relationship with the Non-Normative Body and Non-Normative Identities,” and “Culturally-Adapted Movement Observation and Assessment”, at ADTA Conference, Minneapolis, MN.
- 2010 “ Brain-Smart Art: Using Neuroscience to Inform the Creative Arts Therapies.” Creative Arts Conference, Istanbul, Turkey.
- 2010 “Research 101,” “Current Research in Body Psychotherapy,” & “Oppression and the Body”, USABP Conference, Concord, CA.
- 2010 “Our Body and the Earth Body”, co-presentation with J. Canty, Wilderness therapy Conference, Boulder, CO
- 2010 “Diversity, Oppression, & the Body,” APA Division 45 Conference, Ann Arbor, MI
- 2010 “Diversity Issues in Movement Assessment and Analysis”, Moving from Within Congress, Freising, Germany
- 2008 Panel moderator, “Embodiment and the Development of the Self”, European Association for Body Psychotherapy, Paris, France.
- 2008 “Brain-Smart Art” at Art as Witness conference, Concordia University, Montreal, Canada.
- 2008 “Bodyfulness: The Body as Contemplative Practice”, USABP conference, Philadelphia, PA.
- 2005 “The Creative Leap”, Psychotherapy Networker Conference, Washington DC
- 2004 “Integrating Dance therapy and Play Therapy”, ADTA Conference, New Orleans, LA.
- 2003 “Birth, Brain, and Bonding,” at Association for Pre and Perinatal Psychology and Health Conference, San Francisco,

CA

- 2003 "The Moving Cycle," and "Treating Chronic Pain," USABP Conference, Tucson, AZ.
- 2003 "The Moving Cycle in Dance/Movement Therapy," ADTA Conference, Denver, CO
- 2002 "The Use of Touch in Body Psychotherapy," Research Panel, USABP Conference, Baltimore, MD
- 2002 "Growing Children into Playful Adults," Colorado Association for Play Therapy Annual Conference, Arvada, CO.
- 2001 "Bridging Somatic and Pre/Perinatal Psychology", Assoc. for Prenatal and Perinatal Psychology and Health, International Congress, San Francisco
- 2001 "The Biology of Creative States" ADTA Conference, Raleigh, NC
- 2001 "Dying to Be Born: Prenatal and Perinatal Influences on Creativity and transformation." The Sacred Rhythms of Creativity Conference, Naropa University, Boulder, CO.
- 2001 "Group Play with Adolescents and Adults," at Colorado Association for Play Therapy Conference, Breckenridge, CO
- 2001 "Sensory Integration and Play Therapy," at Family Therapy and Play Therapy Institute training, Maui, Hawaii.
- 2001 "Integrating Sensory Integration with Play Therapy," Colorado Association for Play Therapy Conference
- 2000 "Family Attunement Through Creative Arts Therapy," and "The Biology of Our Psychology," Creative Arts Therapy Conference, Concordia University, Montreal, Canada
- 2000 "The Psychobiology of Emotional Attunement", ADTA Conference, Seattle, Washington.
- 2000 "Playing for your Life", Banner Health Systems Conference, Denver, CO.

- 2000 "Conception, Gestation, Birth, and Bonding" co-presenter
Marjorie Rand, "Molecules and Emotions," panel moderator, "The Use of Touch in Psychotherapy" plenary panel member, and "The Biology of Our Psychology," United States Association for Body Psychotherapies Conference, Berkeley, CA
- 1999 "Birth and the Expressive Arts in Film," 9th International Congress of Assoc. for Pre- and Perinatal Psychology and Health, San Francisco
- 1999 "The Biology of Our Psychology: New Understandings of How Structure and Function Relate," American Dance Therapy Conference, Chicago
- 1999 "The Ethics of Touch in Psychotherapy", benefit lecture for Common Boundary Magazine, Washington DC.
- 1999 Plenary interview of Professor Sigfried Frey on Non-Verbal Communication, presenter "Addiction As Somatic Dissociation," and "The Play Instinct in Body Psychotherapy", European Association for Body Psychotherapy Conference, Travemunde, Germany.
- 1999 "The Molecules of Emotion" Weekend symposium with Candace Pert, presentation on "The Molecules of Motion", Naropa University
- 1999 "Navigating the Jungle With the Greatest of Ease: Play Behavior as Stress Relief and Therapist Self Care" Workshop, Child Welfare Resource Conference, Vail, CO.
- 1999 "Organizing Towards Pleasure In Psychotherapy," Congresso de Psicoporeal, Oaxtepec, Mexico
- 1999 "The Future of Body Psychotherapy," Opening Plenary, Congresso Psicoporeal, Oaxtepec, Mexico
- 1999 "Playing for Our Lives," Body Wisdom Conference, Arrowhead, CA
- 1999 Panel presentations "Emotions, Memory, and the Body," and "Somatic Educators Panel," Body Wisdom Conference,

- Arrowhead, CA
- 1999 "The Cycle of Play: Why Stop Playing?" Fifth Annual C.A.P.T. Play Therapy Conference, Arvada, CO
- 1998 "The Biology and Psychology of Play Behavior", American Dance Therapy Association Annual Conference, Albuquerque, NM
- 1998 "Darwin's Body: Applying Evolutionary Psychology to Somatic Psychotherapy," United States Association for Body Psychotherapy (USABP) Conference, CO
- 1998 "Research Possibilities in Somatic Psychotherapy," Panel chairperson, USABP Conference, Boulder, CO
- 1998 "Training Somatic Psychotherapists," Panel member, USABP Conference, Boulder, CO
- 1997 "Dying to Be Born: Transitions and Transformation," 5 day workshop, Common Boundary Conference, Boulder, CO.
- 1996 "Leaving Home: Addiction as Somatic Dissociation", and "At Play In the Fields of the Body". United States Assoc. for Body Psychotherapies Conference, Boston, MA
- 1996 "At Play In the Fields of Transformation", Association for Transpersonal Psychology Annual Conference, Asilomar, CA
- 1993 "Training the Untrainable: Cultivating Attention, Intuition, and Compassion in Movement Therapy", American Dance Therapy Association Annual Conference, LA, CA.
- 1988 "The Moving Cycle in Movement Therapy". American Dance Therapy Association Annual Conference, Washington D.C.
- 1986 "Diagnosing Addiction in Movement Sequences", American Dance Therapy Association Conference, Baltimore, MD.
- 1978 "Combining Body Work and Movement Therapy", American Dance Therapy Association Annual Conference, Toronto, Canada.

Workshops, In-Services, Private Trainings

Ongoing	Twice a year training intensives, held since 1998, in the Moving Cycle (a body-centered psychotherapy form developed by myself), in Germany and Denmark, and occasionally in Korea, Argentina, and Canada
2013	Training intensive, Neuroscience for Psychotherapists”, Ridwhan School, Boulder, CO
2011	Clinical training intensives in Somatic Psychotherapy, Sasana, in Bogota, Colombia, and Brecha, in Buenos Aires, Argentina
2007	“Birth & Death: Frontiers in Somatic Psychology”, Esalen Institute, Big Sur, CA, 5 day seminar.
2004	“Somatic Awareness: The Moving Cycle in Body-Centered Psychotherapy, Esalen Institute, 5 day training seminar
2004	“Touch with Traumatized Children”, in-service, Alamosa Social Service
2003	“Breakthroughs in Healing Trauma”, 2 day training for Montana chapter National Association of Social Workers, Missoula, MT.
2000	"Play Strategies for Therapist Self Care," with Melanie Smithson, one day in-service for Alamosa Social Services, Colorado
1999	"Leaving Home and Returning Again: Addiction as Somatic Dissociation," Weekend Workshop, Psychotherapy Guild of Washington DC.
1998	"Playing Through Stress", in service day for Social Services in Durango, CO
1997	"Playing for Your Life," 3 in-service days, Child Welfare Resource Agency for Colorado.

- 1997 "At Play: The use of Play in Growth, Transformation, Healing, and Evolution", weekend workshop for, with Stuart Brown, Boulder, CO
- 1997 "Play for Your Life", weekend workshop, with Melanie Smithson, Boulder, CO

PUBLICATIONS

- In Press *Bodyfulness: The Awakened Body in a Dis-embodied World*. Boulder, CO: Shambhala Publications.
- In Press *The Body and Oppression: Roots, Resistance, and Recovery*. Co-editor Leighton Bennett, L. Berkeley, CA: North Atlantic Books.
- In Press *Micromovements: Filling Out the Movement Continuum in Clinical Practice*, in *Embodied Perspectives in Psychotherapy*, eds. Payne, H., Koch, S., Tantia, J., & Fuchs, T. London: Routledge.
- 2018 *The role of privilege and oppression in arts-based research: A case study of a cisgender and transgender research team*. In *Creating social change through creativity: Anti-oppressive arts-based research methodologies*, eds. K. Morgaine and M. Moshoula. Palgrave Macmillan.
- 2017 *Conscious movement sequencing: The core of the Dance/Movement Therapy experience*, in *Essentials of Dance/Movement Psychotherapy: International Perspectives on Theory, Research and Practice*, ed. Payne. H. New York: Taylor & Francis.

- 2016 *Dance/Movement Therapy, women's rights, and feminism: A fifty-year journey*. With Lucy Leighton, AJDT, vol. 38 (2), pp.279-284.
- 2016 *The Moving Cycle: A second generation Dance/Movement Therapy form*, American Journal of Dance Therapy, vol. 38 (2), pp.245-284.
- 2016 *Body identity development: Definitions and discussions*. Body, Movement, and Dance in Psychotherapy, February.
- 2015 *Movement as and in psychotherapy*, in The Handbook of Body Psychotherapy and Somatic Psychology, eds G. Marlock & H. Weiss. Berkeley, CA: North Atlantic Books.
- 2014 *Mindfulness and bodyfulness: A new paradigm*. Journal of Contemplative Inquiry, Issue 1.
- 2014 *Turning data into dance*, with Owen Karcher, Journal of Arts in Psychotherapy. 41, 478-483.
- 2013 *On body memory and embodied therapy*, with Koch, S. & Fuchs, T., in Body, Movement and Dance in Psychotherapy, vol. 8, No. 2, 82-94.
- 2013 *Diversity and inclusivity in movement analysis and assessment*, in American Journal of Dance Therapy.
- 2013 *Breathwork in body psychotherapy II*, in Body, Movement, and Dance in Psychotherapy.
- 2012 *Research 101 for body psychotherapists: Cultivating a somatically-informed research mind*, co-author Rae Johnson, in About the science of body psychotherapy, ed. C. Young.
- 2012 *Embodying difference: Addressing issues of diversity and social justice in Dance/Movement Therapy research*, with Rae Johnson, chapter in 2nd edition Research in Dance Movement Therapy, ed. C. Berroll & R. F. Cruz
- 2011 *Sensation, movement, and emotion*, ed. S. Koch & T. Fuchs, Univ. of Heidelberg.
- 2011 *Breathwork in Body Psychotherapy*, with Victoria Kaur, Body, Movement, and Dance in Psychotherapy, April.
- 2010 *Oppression embodied: The intersecting dimensions of*

- trauma, oppression, and Somatic Psychology*, with Rae Johnson, conference proceedings, USABP
- 2010 *Diversity issues in movement analysis and assessment*, in *Movement Analysis of Interaction*, S. Bender, (ed.). Berlin: Logos Verlag.
- 2009 *Animal models of human trauma*, in *Animal Behavior Encyclopedia*, ed. Marc Bekoff, W.W. Norton.
- 2008 *The Moving Cycle*, and *The psychobiology of movement*, in *Theories of Body Psychotherapy*, eds. H. Weiss and G. Marlock, Gottingen: Hogrefe Verlag.
- 2007 *Body politics: Scoring the debate with the volume off*, Boulder Weekly Newspaper, Oct. 7
- 2004 *The power of stillness, the glory of motion*. *American Journal of Dance Therapy*, Vol.26, No. 1, Spring/Summer. P. 9-15.
- 2004 *Integrating Pre and Perinatal Psychology and body oriented psychotherapy*, with Marjorie Rand, *The USA Body Psychotherapy Journal*, vol. 3, No. 2.
- 2004 *Caring for the caregiver*, *Psychotherapy Networker*, July/August
- 2003 *Adult group play therapy*, in *Play Therapy with Adults*, ed. Charles Schaefer, John Wiley & Sons, Hoboken, NJ
- 2002 *The Moving Cycle: A model for healing and The biology of our psychology*, chapters in *Integrative Holistic Health, Healing, and Transformation*, ed. Penny Lewis.
- 2001 *Addiction as somatic dissociation*, in *Flesh of the Soul*, ed. Michael Heller, Peter Lange, Bern, Switzerland.
- 2001 *Integrating sensory integration into play therapy*, *Colorado Association for Play Therapy News*, vol. 6, number 3, July
- 2000 *And the waves play through it*, *Lomi Institute Newsletter*.
- 1999 *Mind, body, and soul food: Nourishing the creative life*, *Association for Humanistic Psychology Perspectives*

- Magazine, October/November.
- 1999 *Dying to be born and being born to die: Cell death as a defining pattern in human development and death*, Journal of Prenatal and Perinatal Psychology, vol. 13, Number 3-4, Spring and Summer.
- 1999 Darwin's body: A biologist's contribution to the field of Somatic Psychology, Somatics Magazine, vol. 12, no. 2, Spring/Summer
- 1998 *We are the body, we are the earth*, Perspectives Magazine, Spring, Association for Humanistic Psychology.
- 1997 Getting in touch: Guidelines for somatic psychotherapies, Quest Books.
- 1996 Getting our bodies back: Recovery, healing and transformation in body-centered psychotherapy, Shambhala Publications.
- 1996 *Re-embodiment our concepts*, Association for Transpersonal Psychology Newsletter, Spring/Summer,
- 1995 *Life dancing itself: The role of movement and play in evolution*, Revision Magazine, Vol. 17, No. 4.
- 1995 *Attending to attention: Developing a training model*, Association for Transpersonal Psych Newsletter, Spring.
- 1991 *The process of healing in movement therapy*, Journal of Psychology and Expressive Arts, University of Koln, Germany

MEMBERSHIPS & PROFESSIONAL AFFILIATIONS

- American Dance Therapy Association
- United States Association for Body Psychotherapy
- American Counseling Association
- Colorado Counseling Association

- National Board of Certified Counselors
- International Society of Movement Therapists and Educators

RESEARCH & CREATIVE INTERESTS

- The relationship of bodily movement to psychological and emotional states, and how this relates to healing and wellbeing
- How sensation, breath, and movement relate to enhance wellbeing and self-regulation
- How differences, such as race, class, ethnicity, gender and sexual identity, age, and ability are experienced in the individual body
- How social and non-verbal communication are navigated through the moving body, and how this affects identity and relationships
- The creative process, as it expresses itself in research, teaching, and counseling
- Curriculum and program development in the areas of somatics, counseling, dance/movement therapy, and body psychotherapy