

Curriculum Vitae

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PROFESSIONAL HISTORY

Professor, Somatic Counseling Psychology Department, Naropa University – Full time teaching, including coursework in Developmental Psychology, Clinical Neuroscience, Research & Statistics, Multiculturalism, and Counseling Skills. Co-chair, Faculty Affairs Committee. July 2007 to 2010.

Interim Vice President for Academic Affairs – Naropa University – Leadership and supervision of faculty, curriculum oversight, faculty affairs, member of senior staff, program development, program assessment, and more. Aug 2005 to Aug 2006.

Counselor and Body-Centered Psychotherapist - private practice, specializing in addictions, pre and perinatal psychology, death and dying, and contemplative practice. Practice using the Moving Cycle, a psychotherapy form developed by author. October 1976 to present.

Founder & Chairperson - Somatic Counseling Psychology Department, Naropa University, Boulder, CO. Teach, administrate, supervise both students and faculty of a Masters level department. Curriculum design, accreditation self-studies, academic council committees, summer institute intensives, supervising 5 staff and 22 core and adjunct faculty, clinical coordinator. Fall 1982 - 1993, and 2000 to 2005.

Director - The Moving Cycle Institute, a center for body-centered psychotherapy (BCP) and BCP trainings. Main trainer in 2 week Phase I, II, and III credentialing in BCP. Trainings in Boulder, California, Montreal, Korea, Taiwan, Ireland, Minnesota, Germany, Esalen, Open Center, and Omega Institute. Summer 1986 to present.

Ph.D. Therapist Intern - Addictions Recovery Center, Boulder, CO. Seeing day treatment clients, supervising MA level trainees, presenting body-centered treatment curriculum, developing team treatment approaches. Summer 1992 to Fall 1993.

Presenter and Lecturer - Subject areas include play behavior, addictions recovery, therapist training and self-care, birth and death issues, body centered psychotherapy, creativity, touch, experiential and contemplative education, and movement therapy. Association for Transpersonal Psychology, American Dance Therapy Association, Alamosa Social Services, Colorado Association for Play Therapy, Colorado Child Welfare Agency, Esalen Institute, Moving Arts Institute in Cologne, Germany, Taipei, Taiwan, Turning Point in Dublin, Ireland, and others. Fall 1982 to present.

Adjunct Faculty - Teaching movement therapy, counseling psychology, anatomy and kinesiology, neuroscience, movement education, contemplative practices, and somatic psychology. Appointments with the Univ. of Maryland, George Washington Univ., Rocky Mt. Healing Arts Institute, Colorado Institute of Transpersonal Psych, Omega Institute, Santa Barbara Graduate Institute, Concordia University, Seoul Women's University, and Naropa University. Fall 1977 to present.

Movement Therapist - Georgetown University Hospital, Spring Grove State Mental Hospital, and Arlington Adult Developmental Center. Member of treatment team for in-patient mental health and developmentally disabled. Led movement therapy groups, saw individual patients in treatment, performed charting, treatment planning and supervision duties. Spring 1977 to 1980.

Movement Educator - Private practice in Aston-Patterning, a body-work form that emphasizes stress release through efficient movement patterning. Specialized in chronic pain and sexual abuse survivors. Summer 1978 to 1993.

EDUCATIONAL HISTORY

2010 - (June) – Six day training in Qualitative Research, University of Canada, Alberta, Edmonton Campus

- 2002 - Coursework leading to certification as an Approved Clinical Supervisor (ACS) with the NBCC
- 2001 - Coursework in Play Therapy (150 hours), Family Therapy and Play Therapy Institute, Denver, CO
- 1993 - PhD, Union Graduate School, in Somatic Psychology
- 1992 – 150 hours coursework towards Certified Addictions Counselor status, Addictions Recovery Center, Boulder, CO
- 1991 - Coursework in Play Behavior, Colorado State University
- 1984 - Completed 220 training program with Boulder County Hospice.
- 1983 - Graduated from Boulder School of Massage Therapy, a 1,000 hour program that results in certification as a massage therapist (CMT).
- 1978 - Graduated from Aston-Patterning Training, a 1,200 hour training program that certifies one as an Aston-Patterning Practitioner.
- 1976 - Certification of Training from the Gestalt Therapy Institute of Los Angeles (900 hours).
- 1976 - Masters Thesis: "Personality Characteristics and Movement Behavior".
- 1976 - Masters of Arts degree in Movement Therapy, UCLA
- 1974 - Bachelor of Arts degree in Anthropology, minor in psychology, UCLA.
- 1970 to 1974 - Deans Honor list, UCLA eight quarters
- 1970 - Honors at entrance to UCLA.

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

- Professional Member, Association for Transpersonal Psychology
- Professional Member, Humanistic Psychology Association
- Professional Member, American Dance Therapy Association (ADTA)
- Professional Member, United States Association for Body Psychotherapy (USABP)
- Professional Member, American Counseling Association (ACA)
- Professional Member National Board of Certified Counselors (NBCC)
- Professional Member, Association for Play Therapy 1998 to 2004
- Treasurer, Washington DC Chapter, ADTA, 1978-80
- Member, Steering Committee, USABP, 1997-98
- Member, Journal Committee, USABP, 1998 to 2000
- 2008 – present - Co-chair, Research Committee, USABP
- 2009 – present - Member, Academic Council, USABP

CREDENTIALS, LICENSES, KEYNOTES, AND AWARDS

- 2009 – Research grant, titled “Excellence in Teaching and Learning through Diversity” to study the somatic effects of oppression, Naropa University
- 2005 – Convocation address, Naropa University
- 2005 – April - Appointed to Empire’s Who’s Who of Women in Education
- 2005 – July – Commencement Address, Santa Barbara Graduate Institute
- 2004 – December – Keynote address: Cultural Diversity in Non-Verbal Communication”, Taiwan Psychology Association, Taipei
- 2004 – “Nurturing Joy: Creative Expressions of Adult Play”, Colorado Early Childhood Professional Coalition & Colorado Early Childhood Professional Credential Office, Community College of Denver, Keynote speech, Denver, CO.
- 2003 – “The Power of Stillness, the Glory of Movement,” Opening Address, ADTA Conference, Denver, CO.
- 2002 – Approved Clinical Supervisor (ACS), NBCC
- 2001 - Convocation Speaker, Naropa University, Fall.
- 1997 - Keynote Speaker, Creative Arts Therapy Conference, "Building Bridges Into the 21st Century", Denver, CO
- 1995 - Dance Therapy Educators Award, Amer. Dance Therapy Assoc
- 1994 - Keynote Speaker, American Dance Therapy Association Conference. "Empowering Where We Are, Visioning Where We Will Be", Minneapolis, MN, October.
- 1990 - Licensed Professional Counselor, State of CO. License #253
- 1989 - Excellent Teacher Award, Naropa University
- 1980 – Board Certified Dance Movement Therapist (BC-DMT), American Dance Therapy Association, License # 1984-266
- 1978 - Certified Aston Patterning Practitioner.

TEACHING COMPETENCE AND EXPERIENCE

Primary Competence: Counseling theory and skills; theoretical and clinical bases of somatic psychology; geropsychology; multicultural and diversity issues; prenatal and perinatal psychology; developmental psychology; addictions theory and treatment; play therapy; dance/movement therapy; touch; contemplative psychology, therapist training & self care, research and statistics.

Secondary Competence: various psychology courses; play behavior, Darwinism and evolution, grief counseling, anatomy, kinesiology, anthropology

Course Taught at University of Maryland

Dance/Movement Therapy

Course Taught at Seoul Women's University

The Moving Cycle, with applications to prenatal and perinatal psychology and addictions

Course Taught at George Washington University

Dance/Movement Therapy

Courses Taught at Boulder School of Massage Therapy

Anatomy

Kinesiology

Courses Taught at Naropa University

Dance/Movement Therapy

Research & Statistics

Lifespan Development

Somatic Counseling Skills I & II

Clinical Neuroscience I & II

Multicultural Issues

Birth, Death and Transitions

Taming the Victim Dragon

Dying to be Born

Play Therapy

Meditation in the Style of Thich Nhat Hanh

PRESENTATIONS/ INTERVIEWS/TRAININGS

2011 – (July) – “Phase One Training in the Moving Cycle”, “Advanced Clinical Topic,” and “Open Topics”, nine days of seminars in Roskilde, Denmark and Hamburg, Germany.

2010 – (November) – “Brain-Smart Art: Using Neuroscience to Inform the Creative Arts Therapies.” Creative Arts Conference, Istanbul, Turkey.

2010 – (October) – “Research 101,” “Current Research in Body Psychotherapy,” & “Oppression and the Body”, USABP Conference, Concord, CA.

2010 – (June) – “Diversity, Oppression, & the Body,” APA Division 45 Conference, Ann Arbor, MI

2010 – (July) – “Diversity Issues in Movement Assessment and Analysis”, Moving from Within Congress, Freising, Germany

2008 – (November) – Panel moderator, “Embodiment and the Development of the Self”, at European Association for Body Psychotherapy, Paris, France.

2008 – (September) – Presentation “Brain-Smart Art” at *Art as Witness* conference, Concordia University, Montreal, Canada.

2008 – (July) – “Bodyfulness: The Body as Contemplative Practice”, USABP conference, Philadelphia, PA.

2007 - (ongoing) –biannual 5 day intensive training program in the Moving Cycle, in Hamburg, Germany

2007 - (July) – “Birth & Death: Frontiers in Somatic Psychology”, Esalen Institute, Big Sur, CA, 5 day seminar.

2007 - (ongoing) – teaching Clinical Practice I, II, & III in doctoral program, Santa Barbara Graduate Institute, Santa Barbara, CA

2005 - (July) – “Somatic Awareness: The Moving Cycle in Body-Centered Psychotherapy, Esalen Institute, 5 day training seminar

2005 – (June) – “The Moving Cycle,” and “Treating Chronic Pain,” USABP Conference, Tucson, AZ.

2005 – (April) – “Breakthroughs in Healing Trauma”, 2 day training for Montana chapter of National Association of Social Workers, Missoula, MT.

- 2005 – (March) – “The Creative Leap”, Psychotherapy Networker Conference, Washington DC
- 2004 – (October) – “Integrating Dance therapy and Play Therapy”, ADTA Conference, New Orleans, LA.
- 2004 - (April) – “Touch with Traumatized Children”, In-service for Alamosa Social Services
- 2003 - (December) – “Birth, Brain, and Bonding,” at Association for Pre and Perinatal Psychology and Health Conference, San Francisco, CA
- 2003 - (October) – “The Moving Cycle in Dance/Movement Therapy,” ADTA Conference, Denver, CO
- 2002 - (June) - "The Use of Touch in Body Psychotherapy," Research Panel, USABP Conference, Baltimore, MD
- 2002 - (May) - "The Ethical Use of Touch in Creative Arts Therapies," speech sponsored by Concordia University, Montreal.
- 2002 - (March) "Growing Children into Playful Adults," Colorado Association for Play Therapy Annual Conference, Arvada, CO.
- 2001 - (December) "Bridging Somatic and Pre/Perinatal Psychology", Assoc. for Prenatal and Perinatal Psychology and Health, International Congress, San Francisco
- 2001 - (October) "The Biology of Creative States" ADTA Conference, Raleigh, NC
- 2001 - (July) - "Dying to Be Born: Prenatal and Perinatal Influences on Creativity and transformation." The Sacred Rhythms of Creativity Conference, Naropa University, Boulder, CO.
- 2001 - (June) - "Group Play with Adolescents and Adults," at Colorado Association for Play Therapy Conference, Breckenridge, CO
- 2001 - (February) - "Sensory Integration and Play Therapy," at Family Therapy and Play Therapy Institute training, Maui, Hawaii.
- 2001 - (March) - "Integrating Sensory Integration with Play Therapy," Colorado Association for Play Therapy Conference
- 2000 - (October) - "Family Attunement Through Creative Arts Therapy," pre conference institute, Creative Arts Therapy Conference, Concordia University, Montreal, Canada, "The Biology of Our Psychology," seminar at same conference
- 2000 - (October) - "The Psychobiology of Emotional Attunement", presentation at ADTA Annual Conference, Seattle, Washington.
- 2000 - (Sept) - "Playing for your Life", Banner Health Systems Conference, Denver, CO.
- 2000 - (April) - "Play Strategies for Therapist Self Care," Co-presenter Melanie Smithson, one day in-service for Alamosa Social Services, Colorado
- 2000 - (June) - "Conception, Gestation, Birth, and Bonding" co-presenter marjorie Rand, "Molecules and Emotions," panel moderator, "The Use of Touch in Psychotherapy" plenary panel member, and "The Biology of Our Psychology," presentations at the United States Association for Body Psychotherapies Conference, Berkeley, CA
- 1999 - (Dec) - "Birth and the Expressive Arts in Film," 9th International Congress of Assoc. for Pre- and Perinatal Psychology and Health, San Francisco
- 1999 - (Nov) - "The Biology of Our Psychology: New Understandings of How Structure and Function Relate," American Dance Therapy Conference, Chicago
- 1999 - (Nov) – “Meditation and the Body”, with Reginald Ray, Naropa University.
- 1999 - (Oct) - "The Ethics of Touch in Psychotherapy", benefit lecture for Common Boundary Magazine, Washington DC.
- 1999 - (Oct) - "Leaving Home and Returning Again: Addiction as Somatic Dissociation," Weekend Workshop for the Psychotherapy Guild of Washington DC.
- 1999 - (Sept) - Presenter and Interviewer at European Association for Body Psychotherapy Conference, Travemunde, Germany. Plenary interview of Professor Sigfried Frey on Non-Verbal Communication, presenter "Addiction As Somatic Dissociation," and "The Play Instinct in Body Psychotherapy"
- 1999 - (June) - "The Molecules of Emotion" Weekend symposium with Candace Pert, presentation on "The Molecules of Motion", Naropa University
- 1999 - (May)- "Navigating the Jungle With the Greatest of Ease: Play Behavior as Stress Relief and Therapist Self Care" Workshop for Child Welfare Resource Conference, Vail, Co.
- 1999 - (March)- "Organizing Towards Pleasure In Psychotherapy," Congresso de Psicoporeal, Oaxtepec, Mexico
- 1999 - (March)- "The Future of Body Psychotherapy," Opening Plenary, Congresso Psicoporeal, Oaxtepec, Mexico
- 1999 - (Feb)- "Playing for Our Lives," Body Wisdom Conference, Arrowhead, CA
- 1999 - (Feb) - Panel presentations "Emotions, Memory, and the Body," and "Somatic Educators Panel," Body Wisdom Conference, Arrowhead, CA
- 1999 - (Jan) - "The Cycle of Play: Why Stop Playing?" Fifth Annual C.A.P.T. Play Therapy Conference, Arvada, CO
- 1998 - (Oct) - "The Biology and Psychology of Play Behavior", American Dance Therapy Association Annual Conference, Albuquerque, NM
- 1998 - (Sept)- "Playing Through Stress", in service day for Social Services in Durango, CO

- 1998 - (June)- "Darwin's Body: Applying Evolutionary Psychology to Somatic Psychotherapy," United States Assoc for Body Psychotherapies (USABP) Conference, Boulder, CO
- 1998 - (June)- "Research Possibilities in Somatic Psychotherapy," Panel chairperson, USABP Conference, Boulder, CO
- 1998 - (June)- "Training Somatic Psychotherapists," Panel member, USABP Conference, Boulder, CO
- 1997 & 1998 - "Playing for Your Life," 3 separate conferences for Child Welfare Resource Agency for Colorado.
- 1997 - (July) - "Dying to Be Born: Transitions and Transformation," 5 day workshop for Common Boundary Conference, Boulder, CO.
- 1997 - (June) - At Play: The use of Play in Growth, Transformation, Healing, and Evolution, weekend workshop for the public, co-taught with Stuart Brown, Boulder, CO
- 1997 - (Feb) - "Play for Your Life", weekend workshop for the public, co-presented with Melanie Smithson, Boulder.
- 1996 - "Leaving Home: Addiction as Somatic Dissociation", and "At Play In the Fields of the Body". United States Assoc. for Body Psychotherapies Conference, Boston, MA
- 1996 - "At Play In the Fields of Transformation", Association for Transpersonal Psychology Annual Conference, Asilomar, CA
- 1993 - "Training the Untrainable: Cultivating Attention, Intuition, and Compassion in Movement Therapy", American Dance Therapy Association Annual Conference, Los Angeles, CA.
- 1988 - "The Moving Cycle in Movement Therapy". American Dance Therapy Association Annual Conference, Washington D.C.
- 1986 - "Diagnosing Addiction in Movement Sequences", American Dance Therapy Assoc. Annual Conference, Baltimore, MD.
- 1978 - "Combining Body Work and Movement Therapy", American Dance Therapy Association Annual Conference, Toronto, Canada.

PUBLICATIONS

- 2011 - (in press) "Embodying Difference: Addressing Issues of Diversity and Social Justice in Dance/Movement Therapy Research", with Rae Johnson, chapter in 2nd edition of *Research in Dance Therapy*, ed. C. Berroll
- 2011 - (in press) "Sensation, Movement, and Memory", ed S. Koch, Univ. of Heidelberg.
- 2011 - (in press) with co-author Victoria Kaur, *Breathwork in Body Psychotherapy*. Body, Movement, and Dance in Psychotherapy, April.
- 2010 - Oppression Embodied: The Intersecting Dimensions of Trauma, Oppression, and Somatic Psychology, with Rae Johnson, conference proceedings, USABP
- 2010 - "Diversity Issues in Movement Observation and Assessment" in *Movement Analysis of Interaction*, S. Bender, (ed.). Berlin: Logos Verlag.
- 2009 - "Animal Models of Human Trauma," in *Animal Behavior Encyclopedia*, ed. Marc Bekoff, W.W. Norton.
- 2008 - "The Moving Cycle," and "The Psychobiology of Movement," in *Theories of Body Psychotherapy*, eds. H. Weiss and G Marlock, Gottingen:Hogrefe Verlag.
- 2007 - (October 7th) - "Body Politics: Scoring the Debate with the Volume Off", Boulder Weekly Newspaper
- 2004 - "Integrating Pre and Perinatal Psychology and Body Oriented Psychotherapy", with Marjorie Rand, *The USA Body Psychotherapy Journal*, vol. 3, No. 2.
- 2004 - "Caring for the Caregiver," *Psychotherapy Networker*, July/August
- 2003 - "Adult Group Play Therapy." In *Play Therapy with Adults*, ed. Charles Schaefer, John Wiley & Sons, Hoboken, NJ
- 2002 - "The Moving Cycle: A Model for Healing" and "The Biology of Our Psychology", chapters in *Integrative Holistic Health, Healing, and Transformation*, ed. Penny Lewis.
- 2001 - "Addiction as Somatic Dissociation," in *Flesh of the Soul*, ed. Michael Heller, Peter Lange, Bern, Switzerland.
- 2001 - "Integrating Sensory Integration into Play Therapy," *Colorado Association for Play Therapy News*, vol 6, number 3, July
- 2000 - "And the Waves Play Through It" Lomi Institute Newsletter.
- 1999 - "Mind, Body, and Soul Food: Nourishing the Creative Life," *Association for Humanistic Psychology Perspectives Magazine*, October/November.
- 1999 - "Dying To Be Born and Being Born to Die: Cell Death As a Defining Pattern In Human Development and Death," *Journal of Prenatal and Perinatal Psychology*, vol. 13, Number 3-4, Spring and Summer.
- 1999 - "Darwin's Body: A Biologist's Contribution to the Field of Somatic Psychology," *Somatics Magazine*, vol. 12, no. 2, Spring/Summer
- 1998 - Spring. "We Are the Body, We Are the Earth," *Perspectives Magazine*, Association for Humanistic Psychology.
- 1997 - (editor) *Getting In Touch: Guidelines For Somatic Psychotherapies*, Quest Books.
- 1996 - *Getting Our Bodies Back: Recovery, Healing and Transformation in Body-Centered Psychotherapy*, Shambhala Pub.

1996 - Spring/Summer, "Re-embodying Our Concepts," Association for Transpersonal Psychology Newsletter.
1995 - Spring. "Life Dancing Itself: The Role of Movement and Play In Evolution", Revision Magazine, Vol 17, No. 4.
1995 - Spring. "Attending to Attention: Developing a Training Model". Assoc for Transpersonal Psych Newsletter
1991 - "The Process of Healing in Movement Therapy", Journal of Psychology and Expressive Arts, University of
Köln, Germany

EDITORIAL and ACADEMIC POSITIONS

2009 - 2011 – Member, Board of Directors, USABP
2009 to present – Member, Institutional Review Board (IRB), Naropa University
2008- 2011 – Co-chair, Research Committee, USABP
2002 – 2004 - Chair, Graduate Psychology Committee, Naropa University
2002 to 2005 - Chair, Faculty Affairs Committee, Naropa University
1998- present - Reviewer, International Journal of Body Psychotherapy
1998 -1999 - Editor, USABP Newsletter, "The Therapeutic Standard"

VOLUNTEERISM

1992 - 1994 – President, Plum Creek Home Owners Association
2003 – present – Member, Plum Creek Home Owners Association Landscape and
Architectural Review Committee
2009 - volunteer, Intercambio, an organization that provides English instruction for recent
Latino immigrants (2 hours/week)

VOCATIONS/PERSONAL DEVELOPMENT

Canoeing
Meditation
Dance
Drawing

Updated 7-11